

When the Holy Spirit shows you anything that needs to be dealt with, write it down here and pray into it, journaling the process.

Name the trauma:

	<i>YOUR PRAYER</i>	Write what you see and hear.
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See Jesus standing in the scene of your trauma

Lord, I bring this to you, remembering the price You paid on the cross with Your precious blood - for me and those who have wronged me.

Choose to FORGIVE

*I choose to forgive everyone involved for their sin. I release them AND BLESS them.
I ask You, Lord, to forgive me for **my** sin. I also forgive my self for my sin against You, Lord and I receive Your forgiveness.
Cleanse us, Lord from all unrighteousness with Your blood, Lord.*

Look to see what Jesus is doing and saying

Lord, Show me where you are and what you are doing. What are You saying, Father?

Respond to what you see and hear. Replace the old picture now with what the Lord is showing you. Agree with it and pray it out. Follow any instructions He gives you.

Mal.4:2
Ask the Sun of
righteousness
to arise over
you with
healing in His
wings

Put your hand
on your head

RELEASE OF
CELLULAR
TRAUMA

Repent of all sinful pictures you have entertained or imagined.

Ask the Lord to wash your mind, memory, imagination, conscious mind, sub-consciousness, intellect and understanding with the blood of Jesus.

DECLARE that the gates of your mind, will and emotional are opened for the King of Glory to flood you with His light.

"Jesus, please remove the memory of this trauma which is stored in the cells of my body and release all stress from my adrenal gland.

Tune in to what Jesus is doing: Look, listen and watch what you feel in your body.

Take deep breaths to release all tension until you experience complete peace.

You might feel JOY welling up in your soul. Release it in praise and thanksgiving to the Lord.

Demonic entanglements are renounced in Jesus' name

USING THE KEYS OF THE KINGDOM

*Ask the Lord to show you
"Jesus, what demons attached themselves through this event?"*

(List the names which come to you as spontaneous thoughts).

"I bind every evil spirit that attached itself to my emotions, attitudes and conduct in Jesus' Name. I renounce their right, submitting myself to God. I command them to flee from me in Jesus' Name. (Work through it one by one).

Let your emotions be freed up to cry, laugh, burps, yawn ,yell, sigh, etc.

Breathe out a couple of times forcefully and feel the release.

"Holy Spirit, come and fill this vacated area."

PRAISE THE LORD FOR ALL HIS GOODNESS AND GRACE.

Now ASK the Lord to fill you with the resurrection power of the Holy Spirit.

DECLARE that your soul is healed of all the trauma and bondage regarding this event and that you will now walk in the light of God's glory.

<p>Praying for and receiving Physical healing in Jesus' Name.</p> <p>Ask God to recalibrate the electrical frequencies of your cells and the chemical balances with the frequency of His Word, "By His stripes I am healed".</p> <p>Envision His healing rays penetrating the organ (Hab. 3:4), restoring it to a fullness of life. Repeat in the middle of the night if you awaken, or in the morning immediately after awakening.</p>	<p><i>Put on soft instrumental worship music.</i></p> <p><i>Ask the Lord to shine His light on any part of your body that is afflicted, radiating His glorious healing virtue into your body.</i></p> <p>Watch Jesus touch, heal and restore the damaged body part. By faith receive your healing. Lay your hand on the organ also, and <u>speak compassionate</u> healing words to it (Mk. 11:23. Matt. 14:14).</p> <p><u>Soak</u> in these healing rays of the Sun of Righteousness (Mal.4:2) for a while, speaking life and restoration to the organ and your body.</p> <p><i>"Thank You, Jesus, for Your healing, touch. I receive it by faith. My (body part) is healed!"</i></p> <p><i>Now spend some time to rejoice in God as your Healer.</i></p>	
<p>Discern what God has added to your character and nature and which spiritual gift has been added to your life through this situation.</p>	<p><i>Focus on the newness of your freedom in this situation, declaring your liberty in the Spirit, keeping the picture of Jesus in your mind.</i></p> <p><i>WRITE DOWN Scriptures that come to your mind, meditate on it and ask God for the revelation revelation, insight and understanding</i></p>	

JOURNAL - asking God for DIVINE PERSPECTIVE - writing down the spontaneous thoughts God gives you regarding the spiritual growth you have experienced through the experience of your healing.